



**"Relationships are the beginning of everything: your career, your lover, your mother, your daughter ... your money, attitudes and success!"**

## **Introducing Fiona Christie**

Fiona Christie is definitely at the front of the crowd, especially when spreading her key message: 'Relationships are the beginning of everything – and you deserve the best'!

Fiona is an accredited Professional Relationship and Life Coach, Consultant, Supervision Coach, Teacher, Author, Speaker and Motivator. She expertly challenges her clients and readers to reflect on and move forward with the many relationships in every area of their lives:

- With themselves
- Love partners
- Families
- Money
- Business and in their careers

Each of those areas affects the other, Fiona says, and unhappiness in one area is magnified in another.

## **Fiona's Story So Far...**

When Fiona's 14-year marriage ended overnight, she went from a joint income of \$160,000 to less than \$38,000, which in itself was enough to deal with. But also, Fiona hadn't lived on her own before. She'd been a daughter, sister, lover, friend, flatmate, and then wife. Now suddenly, it felt as if she was totally alone. She had to find herself and love who she discovered.

So, Fiona set about rebuilding her life, bought her own home, and launched into renovating it. She kept herself busy with friends, studying, and building her career. Two years later, she finally felt ready for and intent on creating a loving relationship based around her values.

In a brilliant act of 'playing in her passion' and leveraging her strengths, Fiona used her professional coaching experience to make the process of meeting her soulmate fun, easy and rewarding. In fact, Fiona developed an entire system that would result in finding her soulmate, based on:

- Learnings from her first marriage experience,
- What worked and what didn't, and
- A vision of the qualities necessary to result in lasting love.

Within two years of separating and then getting back in the swing of dating, Fiona re-married! Her husband is a wonderful man who fits with everything Fiona asked for ...

Barry is a blend of every fulfilling ingredient that Fiona wrote out in her 'Shopping List for Love'. She now knew she was onto something powerful, a 'recipe' she would go on to write as formula and share with clients and readers everywhere.

This is exactly what she did. Fiona developed her experience into a step-by-step process, which she now teaches to others through workshops, e-course and her book series.

## **Fiona's Relationship Coaching Programs**

Not simply an author, Fiona Christie is hands-on and leads seminars and workshops to sell-out audiences. She also works with mastermind study groups and select individuals -- people who're committed to change and growth. A student of personal development for over 20 years, Fiona has been a teacher of the Law of Attraction since the late 1990s.

Fiona believes and is living proof that you don't have to be perfect to attract your soulmate. She lives with the disease 'Lupus', which began when she was in her early 30's.

When she started developing the system to meet her soulmate, she thought about whether having a disease would be a stumbling block to meeting the man that was right for her. This was only a momentary thought: She realized that living by her coaching principles and following her system, having a disease was irrelevant.

Fiona's first book, 'Shopping List for Life', is based on those techniques. Her second product, 'Shopping List for Love', shares all of her secrets and how she created the relationship that fulfilled her dreams.

In her programs, Fiona begins the analysis process with your Love Relationship. In working with her client's, it's always about their relationship with themselves *first*.

Fiona's 'Financial Harmony' program serves her *Money Mentor* groups. The group's progress is tracked on her money website '[www.YourRelationshipWithMoney.com](http://www.YourRelationshipWithMoney.com)'.

Fiona loves creating simple solutions for lasting change in everyday life and specializes in creating outstanding results with ease. Her training and coaching is for anyone who has a strong desire to see lasting outcomes in their lives.

Fiona's breakthrough book and e-coaching series consists of:

- Shopping List For 'Life',
- 'Shopping List for Love'
- Six Weeks To Financial Harmony; and
- The soon to be released 'Wealth and Success'.

Throughout her work, Fiona teaches people how to create happiness and overcome loneliness and arguments in relationships. She is deeply committed to helping as many people as possible create a life in which they can fully flourish. There's so much prosperity and abundance in the world, and Fiona's teachings, insights and strategies allow anyone to enjoy every moment of their life.

Fiona re-married in May 2007 and has become part of a blended family which has brought its own challenges. Still, she is so grateful she had the experience and skill as a coach to help her to move into the blended family role as a step-mother. She brings this experience as well as her years of expertise as a coach to her coaching practice.

## **Credentials**

A Professional Coach and Teacher with 21 years of study in the field of human potential, Fiona Christie is a leader in the area of transformational personal development.

Her background includes qualifications in Coaching and Training honed over her 8 years with the New Zealand Foreign Affairs Department. As Training Manger, Fiona had responsibility for over 1,200 staff working with administrators, Managers, Directors, Ambassadors, CEOs, and consultants.

Fiona also has studied most of the modalities of eastern and western development. She combines these with her formal training experience, and is passionate about seeing people grow and excel in their lives.

Fiona works with individuals, couples, corporations and groups who are looking for a more astute skill set and seek enhancement in the following areas:

- How to create loving, lasting relationships
- Relationship issues
- Coping with changes in relationships
- Entering and building blended families
- Infidelity in relationships
- Dating with ease, how to avoid mistakes and create dating success
- How to avoid money issues and move toward a life of financial harmony
- Your relationship with money
- Relationships in your career

Originally from Taupo, she now resides in Upper Hutt, Wellington, New Zealand with her husband, and two cats. She also enjoys having her two fabulous, step-sons home when their busy schedules allow them quality time back in Wellington.

Fiona's journey was a huge enlightening one. What she realized was that in order to form a loving lasting relationship that worked, she first needed to find *herself*. Her journey has been inspirational to those around her and to her clients.

## Testimonial

'I realized that I'd lost myself within my long term relationship, and with it's breakdown came a sense of 'what now and how will I cope'? Fiona helped me to identify why my relationship ended and together we worked through a number of issues. Whilst a previous relationship took more than a year to fully get over, the time it has taken me to 'get back out there' this time has been greatly reduced thanks to her expert coaching. Coaching has enabled me to focus on me, identify what I want and how to go about creating the life I deserve.'

**Andrea**  
Wellington, New Zealand

Andrea has since formed a wonderful new relationship and continues to thrive.

