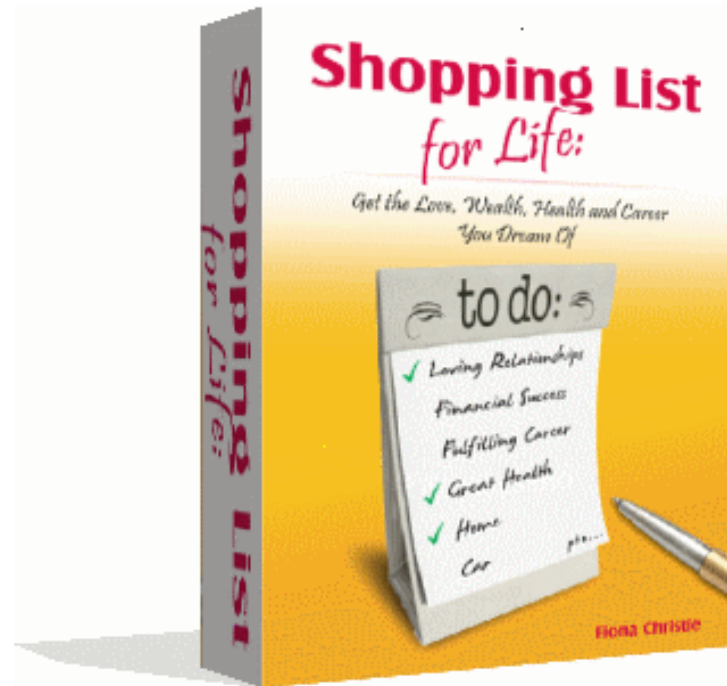


Shopping List for Life

Get the Love, Wealth, Health & Career
You Dream of!



Author and Law of Attraction Coach

Fiona Christie

*used the powerful techniques
outlined in her book
to conquer debilitating illness
and the demise of her 14-year marriage.*

*Just imagine what Fiona's life insights
and coaching can do for you!*

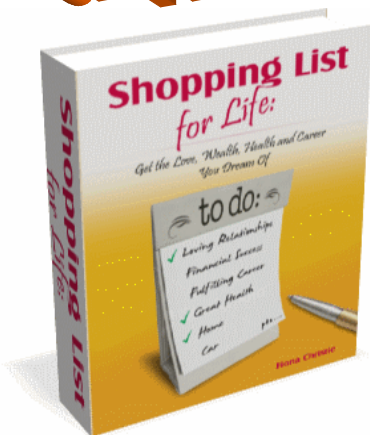
Shopping List for Life

Get the Love, Wealth, Health & Career
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ANYONE can harness
The Laws of Attraction
To Create an Awesome, Glowing
Personal and Professional Life.

Start by Inventorying Precisely
What You Want. Once You Do,
Life Coach **Fiona Christie**
Shows How to Fill Your Cart,
Based on Your Very Own

Shopping List for Life!



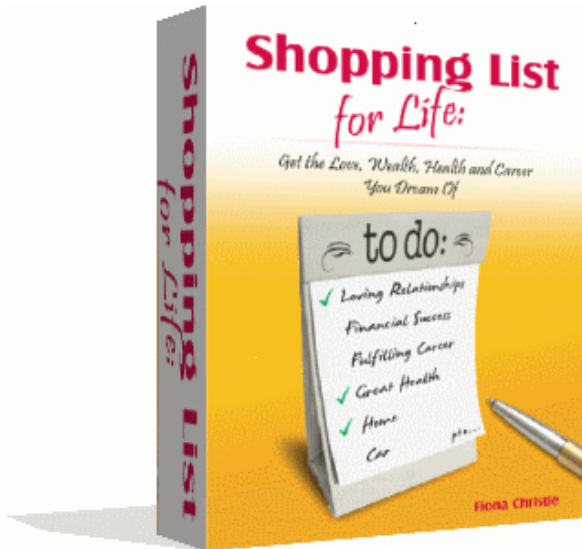
In 'Shopping List for Life', life-coach Fiona Christie offers a powerful guide to creating lasting results in your life. She dispels the myth that life needs to be complex or difficult to achieve your desires, and uncovers the secret to 'happiness' – how to experience it in your life today.

Fiona has seen many women and men attract and build successful, positive outcomes following the transformative steps outlined in her book. She helps people peel back layers of low self-esteem to discover what's really stopping them from living the life of their dreams.

She then provides a Laws of Attraction-based, step-by-step guide for implementing simple techniques to cement what many successful people already are living in their lives.

One of Fiona's techniques uses the analogy of the Shopping List to illustrate how easy it is to obtain all that you desire ... If you had a Shopping List, you'd get exactly what you needed – without buying unnecessary items or blowing your budget. So why make some of the most important decisions in your life without a very detailed list, too?

What You'll Learn



- ✓ How charting a simple roadmap for your life will result in you achieving more than you ever dreamed possible.
- ✓ How to identify what's stopping you achieving your dreams.
- ✓ How to overcome procrastination.
- ✓ How to use the 'feel factor' to ensure you get the house, car and soulmate of your dreams – anything!
- ✓ How to understand your current path in life – the stagnant or self-destructive road you're now on – and confidently change your direction.
- ✓ How to begin achieving everything you desire in life, things you've never been able to accomplish before.
- ✓ How to get to the root of what's holding you back or gotten in your way in the past.
- ✓ How to eliminate the obstacles between where you are now and where you want to be – no matter how daunting they appear!

Through this innovative book,
Life-coach and Laws of Attraction leader
Fiona Christie shows you how!

Fiona Christie



Fiona Christie is an international coach, author and speaker. With 21 years of study in the field of human potential, she's a leader in personal transformational change and achievement. An accomplished life coach, Fiona is passionate about seeing individuals and companies grow and excel in their lives.

Fiona runs seminars and workshops to sell-out audiences. She's also known for her work with mastermind study groups and select individuals who're committed to change and growth.

Fiona holds several Coaching and Training qualifications. A student of personal development for over 20 years, Fiona has taught the Law of Attraction since the late 1990s. She also has studied most of the modalities of Eastern and Western development.

Prior to becoming a full-time coach, Fiona served for eight years with the New Zealand Foreign Affairs Department, where she held the positions in Management and Training for over 1,200 staff.

Fiona is the founder of Your Roadmap to Love, Your Relationship With Money, and Christie Coaching. She coaches individuals, executives and couples on improving their relationship potential, self-esteem, wealth creation, and achieving their optimum personal growth potential.

Testimonials

“I have just completed Fiona Christies book, "Shopping List for Life", and believe it should come with this warning: Don't start it late at night! I started it late and finished it very late, and then couldn't sleep as I was so excited about what I had learnt!

Fiona's book has helped me particularly with my goals, which I normally set very high, now I know I can set the little goals that help me get to the big goals and see results weekly. Her ideas for making them happen on a weekly basis are great and my friends and I have been excited by the challenge.

Thanks a lot, Fiona. Your book has become a well-thumbed resource!!”

Jodi Godsall, Sales Consultant, Christchurch, NZ



“Fiona Christie, author and friend, introduced me to the law of attraction years ago in her uncanny ability to always find a carpark exactly where she wanted it! Through her friendship (and now her book!) I have since learnt a lot more about metaphysics and the whole ‘other part of myself’ that exists in my mind. Fiona's book shows how the outcome of my life is largely controlled by what's going on in my head, and how I can control what's going on in my head with my thoughts. I can apply this on a daily basis with Fiona's One Minute Goals and, although this is sometimes not easy because life just ‘gets in the way’, I keep the lessons learned from her book in my mind to help me focus on what I want. A great read and reference. Thanks Fiona!”

Angela Morris, Wellington, NZ



“Fiona Christie's book ‘Shopping List for Life’ is a great book. It's easy to understand and is full of practical tips and hints to help you create a happier life. I highly recommend it”.

Anne Hartley, Australia

Author of: *Love the Life You Live*, *Psychology of Money*,
Love Your Money, *Love Your Life*, *Financially Free*

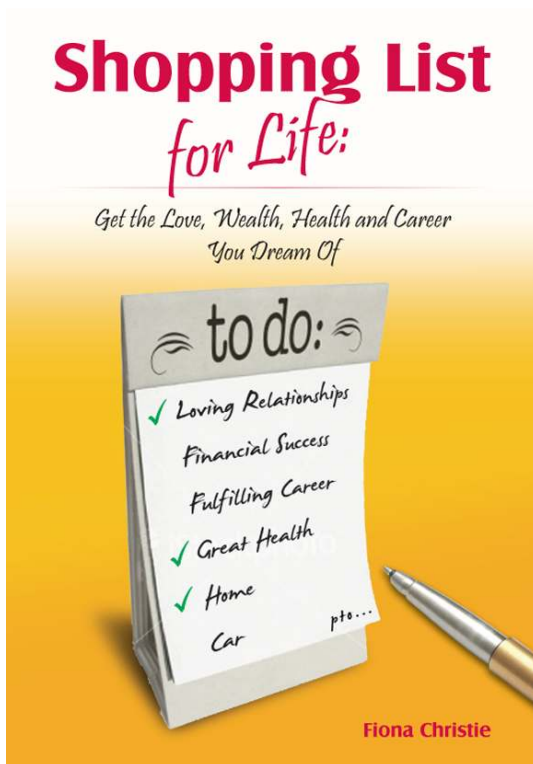
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Date Publication & Article

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| February 2009 | <u>Finding Your Perfect Partner</u> (Her Magazine) |
| December 2008 | <u>Your Shopping List for Life</u> (Her Magazine) |

Interviews & Speaking Engagements



Fiona welcomes every opportunity to share her riveting life story and Law of Attraction techniques with audiences everywhere. She provides a highly entertaining and insightful interview. Her Profile, Professional Photographs, and Press Releases are available to be freely published.

Fiona also is available for speaking engagements in New Zealand and beyond. For added value, she offers 2 FREE books to your audience, and when you direct your audience to her website to obtain their free copy of '7 Keys to Lasting Love' and go into the draw to win a free coaching session.

To organise an interview please call:
+64 4 934 5962 or +64 21 246 1169

For more information visit:
<http://www.FionaChristie.com> or <http://www.YourRoadmapToLove.com>

Or email her here: Fiona@YourRoadmapToLove.com
To organise an interview please call
+64 4 934 5962 or +64 21 246 1169.

For more information visit
<http://www.YourRoadmapToLove.com>
Or email fiona@yourroadmaptolove.com